

# NANAIMO MIGRAINE BOTOX REFERRAL FORM

## Dr. M. Toom BSc MD CCFP(EM)

Dr. Toom is certified in emergency medicine and has also completed additional training in botulinum toxin injection for chronic migraine.

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## PATIENT INFORMATION

FIRST NAME \_\_\_\_\_  
LAST NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
PROVINCE \_\_\_\_\_ POSTAL \_\_\_\_\_  
PHN \_\_\_\_\_ DOB \_\_\_\_\_  
PHONE 1 \_\_\_\_\_  
PHONE 2 \_\_\_\_\_

### **BOTULINUM TOXIN (BOTOX) FOR CHRONIC MIGRAINE**

*Injection of 150-200 units of botulinum toxin (onabotulinumtoxinA) to 31-39 anatomical sites in the face, head and neck, every 12 weeks, as per PREEMPT injection protocol. Lidocaine trigger point injections are co-administered where appropriate for patients with a component of myofascial pain or tension headache.*

#### **PLEASE CONFIRM ALL OF THE FOLLOWING:**

- Chronic migraine (migraine with  $\geq 15$  headache days/month and  $\geq 8$  migraine days/month) is the working or formal diagnosis** (necessary for insurance coverage for cost of botulinum toxin). Patients not meeting diagnostic criteria may still be candidates on case-by-case basis (private pay).
- Referring provider is aware this referral is only to assess candidacy and/or to administer botulinum toxin injections in the setting of chronic migraine.** Referring provider is further aware that Dr. Toom is not a neurologist and does not provide general consultations for headache and that a neurology consultation is preferred but certainly not required prior to referral.
- Referring provider has performed work-up to rule out secondary causes of headache, where appropriate.** In some cases, this may involve an MRI or neurologist referral (neither required).
- Referring provider has counselled the patient that third-party insurance usually requires a trial of at least one migraine prevention medication** prior to their approving coverage for botulinum toxin. This has been discussed with the patient and attempted as appropriate.
- All relevant records are attached.** This includes any insurance pre-authorization(s) for botulinum toxin (not required), a list of any past or current therapies used for migraine (required), any prior relevant diagnostic or confirmatory tests (CT/MRI) and/or neurology consultations.
- Referring provider has counselled patient that botulinum toxin for chronic migraine is not covered by MSP.** Depending on third-party insurance coverage, patient may have full, partial or no coverage for the cost of the botulinum toxin. Trigger point injections are covered by MSP.
- Patient aware of cost of \$5.00/unit for the botulinum toxin.** Cost of botulinum toxin is reimbursed by third-party insurance. No private injection fees charged for most patients, but a \$150.00 fee may apply depending on insurance coverage.

Physician's signature \_\_\_\_\_ Date \_\_\_\_\_

PLEASE FAX THIS REFERRAL TO (250) 900-1508